Focused Care — PALO ALTO COMMONS

DECEMBER 2018

PALO ALTO COMMONS — **WILLOW CLUB**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Please see December 8.
2 7:30 Looking Good for the Day! 8:30 Breakfast 9:30 Sensory and Music 10:30 Puzzles 12:30 Sensory and Music 12:40 Looks Makeover 1:00 Reading Stories & Discussion 1:40 Afternoon Stretch 2:30 Hand Massage 3:00 Travel Reminiscing 3:30 Sing Along 4:00 Beach Ball Throw 4:30 Dinner 5:30 Music Video **Hanukkah begins at sundown.**	**3 Hanukkah** 7:00 Continental Breakfast/AM Rise! 7:30 Looking Good for the Day! 8:30 Breakfast 9:30 Sensory and Music 10:30 Folding Baby Clothes 11:30 Lunch 12:30 Sensory and Music **1:00 BIRTHDAY PARTY W/ KEN SOSA** 2:30 Hand Massage 3:00 Holiday Reminiscing 3:30 Sing Along 4:00 Range of Motion/Balloon Toss 4:30 Dinner 5:30 Music Therapy/ Music Video	**4** 7:00 Continental Breakfast/AM Rise! 7:30 Looking Good for the Day! 8:30 Breakfast 9:30 Sensory and Music 10:30 Identifying and Recognizing 11:30 Lunch 12:30 Sensory and Music 1:00 Aromatherapy 1:45 Afternoon Stretching 2:30 Lotion Hand Massages 3:00 Travel Reminiscing 3:30 Sing Along 4:00 Range of Motion/Beach Ball Throw 4:30 Dinner 5:30 Music Therapy/ Music Video	**5** 7:00 Continental Breakfast/AM Rise! 7:30 Looking Good for the Day! 8:30 Breakfast 9:30 Sensory and Music 10:30 Reminiscing with Photos 11:30 Lunch 12:30 Sensory and Music **1:00 CONCERT W/JOHNNY FABULOUS** 2:30 Hand Massages/Range of Motion 3:00 Storytelling & Reminiscing 3:30 Sing Along 4:00 Balloon Toss 4:30 Dinner 5:30 Music Therapy/ Music Video	**6** 7:00 Continental Breakfast/AM Rise! 7:30 Looking Good for the Day! 8:30 Breakfast 9:30 Sensory and Music 10:30 Puzzles 11:30 Lunch 12:30 Sensory and Music 1:00 Round Table Readers 1:45 Afternoon Stretching 2:30 Lotion Hand Massages 3:00 Holiday Reminiscing 3:30 Sing Along 4:00 Range of Motion/Beach Ball Throw 4:30 Dinner 5:30 Music Therapy/ Music Video	**7** 7:30 Looking Good for the Day! 8:30 Breakfast 9:30 Sensory and Music 10:30 Flower Arrangements 11:30 Lunch 12:30 Sensory and Music 1:00 Aromatherapy 1:45 Afternoon Stretching 2:30 Lotion Hand Massages 3:00 Storytelling 3:30 Sing Along 4:00 Range of Motion/ Beach Ball Throw 4:30 Dinner 5:30 Music Therapy/ Music Video **Happy Birthday, Mickey H.!**	**8** 7:00 Continental Breakfast/AM Rise! 7:30 Looking Good for the Day! 8:30 Breakfast 9:30 Sensory and Music 10:30 Sorting/Polishing Silverware 11:30 Lunch 12:30 Sensory and Music 1:00 Cooking Reminiscing 1:45 Afternoon Stretching 2:30 Lotion Hand Massages 3:00 Round Table Readers 3:30 Sing Along 4:00 Range of Motion/Beach Ball Throw 4:30 Dinner 5:30 Music Therapy/ Music Video
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Focused Care

DECEMBER 2018

OAK CLUB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Please see December 8.
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